

Contact

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www.ResolutionToday.com (Company)
blogspot.com (Personal)

Top Skills

Family Therapy
Mental Health Counseling
Mental Health

Languages

English (Native or Bilingual)

Certifications

FLORIDA FAMILY and CIRCUIT COURT
ACCELERATED RESOLUTION THERAPY
CERTIFIED HYPNOTHERAPIST

Honors-Awards

Board Certified Fellow
Best of 2014 Mental Health Clinic

Publications

Family-facilitated juvenile sex trafficking
"The Biggest Little Hero"
"Little Bear and the Big Jungle Chair"
"My Little Sister"
It's Not Your Fault Little Bear

Rachael Haskell PhD, LCSW, Owner, Resolution Today

Full-Time Lecturer at Texas State University
Saint Petersburg, Florida

Summary

I am a PhD & Licensed Clinical Social Worker with 19 years of experience providing higher education, training, licensure services & consultation to helping professionals from a variety of disciplines. In addition to licensure supervision, clinical program management and community advocacy, I specialize in trauma, stress management & depression using advanced treatment techniques, including hypnosis & Accelerated Resolution Therapy. I've been a clinical director, supervisor & continuous quality improvement manager of 8 programs at 3 large social service organizations & taught sociology, counseling and social work at 3 different universities. I've also been invited as a guest lecturer in the College of Public Health at USF & have presented multiple times on mental health & research for the Juvenile Welfare Board, NASW, Dept of Health, MHC Rehabilitation program on co-occurring disorders & the Annual Women's Health Conference.

In addition, my experience has given me the opportunity to appear on the Today Show as an expert on a high profile abuse case (see <http://www.resolutiontoday.com/Rachael-Haskell--PhD.html>), to train Sexual Assault Nurse Examiners about how to best support victims of rape, & to be certified as a DOH continuing education provider & trauma informed care professional.

Experience

Texas State University
Full-Time Lecturer
August 2016 - Present
San Marcos, TX

Resolution Today
Owner/Therapist/Trainer

February 2004 - Present

970 Lake Carillon Dr. #355, St. Petersburg, FL 33716

Psychotherapy/Counseling for Individuals, Couples, Families & Groups
offering advanced clinical techniques for personal growth & healing

I also offer Licensure Supervision and Exam Preparation for Clinical Social Workers, Mental Health Counselors & Marriage and Family Therapists as well as Continuing Education credits/Training for Domestic Violence, Medical Errors, Trauma Resolution Therapy, Cultural Competence, Compassion Fatigue, Cognitive Behavioral Therapy, Hypnosis and more...

Resolution Today

Trainer and Owner

February 2004 - Present

Private practice promoting personal & professional growth through psychotherapy & educational services- Licensure Services, Consultation & Training for Counselors/Social Workers/Therapists

USF St. Petersburg

Adjunct Instructor

January 2015 - April 2015 (4 months)

Online ISS class

Saint Leo University

ASSOCIATE PROFESSOR

August 2011 - August 2014 (3 years 1 month)

SAINT LEO, FL

Bachelor of Social Work program

Crisis Center of Tampa Bay

Supervisor of Interns & Therapist

October 2003 - December 2013 (10 years 3 months)

Former Clinical Manager

Community Collaboration

Team Building among Staff from Different Professional Disciplines

Therapy

Professional Training

Public Speaking

Supervising interns and staff

University of South Florida
Adjunct Instructor
January 2013 - May 2013 (5 months)
Saint Petersburg, FL

Teaching in Interdisciplinary Social Sciences dept.

IPPA
Therapist
2005 - 2010 (6 years)

USF
Visiting Instructor
January 2005 - August 2006 (1 year 8 months)
Teaching Graduate and Undergraduate Social Work students

Family Service Centers
Manager of Clinical Services & Director of Continuing Quality Improvement
October 2003 - December 2004 (1 year 3 months)
Family Service Centers, Inc., now Suncoast Mental Health Centers

- *Management of 3 Clinical Programs addressing Trauma & Stress issues
- *Director of Continuous Quality Improvement Activities for 8 Programs
- *Contract & Budget Management for 10+Grants
- *Hiring/Recruitment of Staff
- *Supervision of Clinical Staff, Field Students
- *Database Management/Accreditation Activities
- *Medicaid Contract Management
- *Grant Writing

Education

USF
PhD, Social Work · (2005 - 2010)

Rhode Island College
Master of Social Work · (1994 - 1996)

Rhode Island College
Bachelor of Arts, Psychology · (1990 - 1994)